



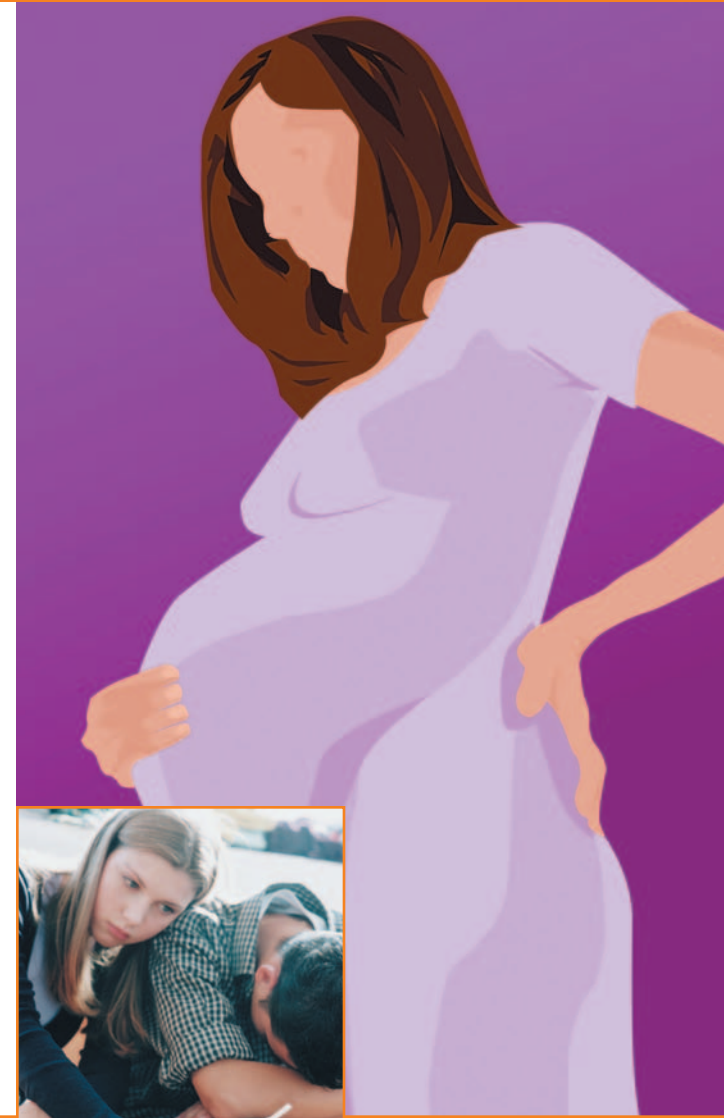
**They hear you.** Seven out of ten teens say it would be easier to postpone sex if they could have more open conversations with their parents.

**Your hands are not tied.** Nearly 63% of girls and boys who are sexually active say they wish they had waited.

**You matter.** Your words and actions can make a difference. Take the time to talk with your kids about sex and relationships on a regular basis. Everyone else is.

## Protect their future. Talk to your kids about sex and relationships.

The Alexandria Campaign on Adolescent Pregnancy is a coalition of citizens, city agencies and community groups dedicated to reducing teen pregnancy rates. ACAP offers workshops on how to talk to kids about sex, as well as toll-free hotlines for both adults and youth and other helpful resources. Call 703.684.ACAP or visit [www.alexgetreal.com](http://www.alexgetreal.com).



**19,000 teens get pregnant each year in Virginia.**

**Will your child be one of them?**



AGE **9-12**

**When kids are 9-12...**

They take cues from friends about how to act and dress. Magazine covers are a good conversation starter. Be persistent and don't stop at yes or no answers.

- ? *Do kids at school dress like that?*
- ? *What message do you think they're sending?*
- ? *Are you cool with that?*

They are curious about sex, but may feel uncomfortable asking questions. Watching TV together can get things going.

- ? *Did that couple discuss commitment or STDs before they hooked up?*

AGE **13-15**

**When kids are 13-15...**

They need reassurance that sexuality is natural and good. Pay attention to what's playing on the radio.

- ? *What's up with those lyrics?*
- ? *Is that really what kids think sex is all about?*

They are becoming more independent, but still care about your values. Watch the news together and talk about important issues.

- ! *The DC area has a big HIV problem.*
- ? *What have you learned at school about this disease?*

AGE **16-19**

**When kids are 16-19...**

They may act recklessly, but they'll remember values learned from you. Encourage them to talk about problems at work or school.

- ? *How do you feel about Erika getting pregnant?*
- ? *What do you think that she and Mike should do?*

They are idealistic and may be coming to terms with sexual orientation. A wedding is a good time to discuss love and commitment.

- ? *Why do you think John and Kate hooked up in the first place?*
- ? *Do you think relationships should be forever?*

**TALK WITH YOUR KIDS ABOUT**



**SEX AND RELATIONSHIPS**